What is claimed is:

5(1),

- 1. An adhesive sheet strip, single-sidedly or double-sidedly pressure-sensitively adhering, redetachable by extensive stretching pulling on a grip tab in the direction of the bond plane, wherein the grip tab is such that it has a static frictional force Fs of at least 170 cN.
- 2. The strip as claimed in claim 1, having the static frictional force Fs of at least 170 cN during stretching pulling for redetachment.

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- 3. The strip as claimed in claim 1, having a static frictional force Fs of at least 200 cN.
- 4. The strip as claimed in claim 1, having said static frictional force Fs
 15 measured in accordance with DIN 53375.
 - 5. The strip as claimed in claim 1, wherein the grip tab has said static frictional force on one or both sides.

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- 6. The strip as claimed in claim 1, wherein the grip tab is coated, in particular with deformable and/or low-tack compositions.
- 7. The strip as claimed in claim 1. wherein the grip tab is coated with silicones. EVA compounds or PU compounds.

8. The strip as claimed in claim 1, wherein the surface of the grip tab is structured, particularly etched, ground or embossed.

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10. The use of an adhesive sheet strip as claimed in any of claims 1-9 for redetachable bonding where the bond is parted by extensive stretching pulling on the grip tab in the direction of the bond plane, without slippage from the grip tab.